

# VIVID VISION

Start creating from your future

Envision your future self. What does your dream life look like?

Take time to reflect on certain important areas of your life: health, career, relationships, home, money, personal development, spirituality, etc. It's important to get really clear with this vision and picture all the details of that life.

Think about the following:

- Where do you live? What kind of home do you have? Who do you live with?
- What are you doing? What kind of work do you do? What activities do you enjoy?
- How much money are you making? What is your money able to provide you?
- Who are the people you spend your time with? What kind of people are you surrounding yourself with?
- How do you feel? How are you showing up in this vision?

